

Exit Strategy for COVID-19 patients and Contacts

1. COVID-19 Patients

1.1 Admitted to a Treatment Facility

If the COVID-19 patient has improved from mild / moderate symptoms and fever free for 48 hrs without antipyretics, can be released from isolation after 7 days from the date of Rapid Antigen Test (RAT)/PCR positivity (or from the date of onset of symptoms). Exit PCR or RAT is not required*

1.2 Under Home Care Management System

Persons can be released from home isolation after 7 days from the date of RAT/PCR positivity (or from the date of onset of symptoms), if they have improved from mild / moderate symptoms and fever free for 48hrs without antipyretics. Exit PCR or RAT is not required*.

* Those who have not improved mild / moderate symptoms and having fever for more than 48hrs should contact the Medical Officer of Health of the area for medical advice on further management

2. Close contacts of COVID-19 Patients

- 2.1. **Fully vaccinated**** close contacts, will not be quarantined if they do not have symptoms of COVID-19. They can continue to work if employed. However, if they develop COVID-19 symptoms, should perform RAT/PCR.
- 2.2. All **partially vaccinated or unvaccinated** close contacts can be released from home quarantine after completion of 7 days from the date of RAT/PCR positivity (or from the date of onset of symptoms). If they develop COVID-19 symptoms during the quarantine period, should, perform RAT/PCR. If RAT/PCR report is positive, need to inform area Medical Officer of Health (MOH).

** Fully vaccinated

	Age category	Criteria for fully vaccinated status
1.	20 years and above	<ol style="list-style-type: none">a) Should have taken two doses of a recommended COVID-19 vaccine and has completed 2 weeks after the second dose. Fully vaccinated status will be valid until 3 months from the second dose.b) After 3 months of the second dose of the COVID-19 vaccine, not considered as fully vaccinated if the booster dose is not taken. Should have taken the booster dose after 3 months of the second dose to consider as fully vaccinated for COVID-19.c) If infected with COVID-19 after being vaccinated with two doses of the recommended COVID-19 vaccines, the booster dose can be administered after 1 month of infection provided the person has completed 3 months after the second dose. They should be considered as fully vaccinated with the booster dose.
2.	Children of 16 -19 years	Should have taken two doses and completed 2 weeks after the second dose.
3.	Children of 12 – 15 years	Should have taken a single dose and completed two weeks after the single dose